



# Magick of Winter



## Solstice

### *Alban Arthan - Light of Arthur*

Winter Solstice is a very sacred time. It is the moment and opportunity to be aligned in the sacred place of your Higher Self. To be fully aligned with the Light of your Higher Self, it is appropriate to let go of the past and release into the Silence of your Inner Master.

During this lunar cycle we will pass through the Final Celtic Festival: Alban Arthan – Light of Arthur. Arthur’s story brings much to contemplate. As Legend tells, he was born during the shift of a Paradigm...from the Feminine Paradigm to the Masculine Paradigm. He is reborn as the Sun Child...thus, a similar story of Jesus Christ. A time of renewing and a birth of awareness during times of change. His Light is also given to the Light belonging to the star constellation of the Great Bear—this is a time of great healing and renewal. May we all know this as we travel into a new year and major changes in our world. Of course, this is the entrance of the Capricorn Zodiac being lit up by the Sun and Capricorn.

The nature of Magick this year is to understand the power of containing and using your wisdom wisely and humbly. This year Winter Solstice is noted astrologically to be On *Wednesday, December 21, 2022 at 3:48 p.m. CST*.

To assist in aligning with your Higher Self, the Magick of Winter Solstice is used. Winter Solstice comes during the time when you give honor to all that has occurred, been learned and now in the state of your knowing. The Winter Solstice Ritual is created to help you walk the path of release and to prepare for the path of renewal.

Prepare for your ceremony of Magick and your entrance into the time of renewal. Throughout the days ahead, contemplate on the power of letting go, the power to reach a place of sacred silence, and how you intend to release the old and align with the Inner Voice that directs you to the Light of Renewing Birth.





## Spirit of Purpose The Magic of Winter Solstice

- ★ The time before Winter Solstice needs to be spent contemplating what you are willing to release from all levels of your inner consciousness to outer realities your experience now. Write down on a piece of paper all that you are ready to let go of.
  
- ★ Establish the Spirit of Purpose (i.e. what you desire to let go of and how you want to clear your inner self to such a level that you reach a state of inner void–Sacred Silence.);
  
- ★ Establish date and time to perform your magickal ceremony. Dec 21<sup>st</sup> on the moment of Winter Solstice occurs or between then and December 25<sup>th</sup> a ritual can occur that honors the power of this sacred time. A Great Time to Enter Sacred Silence and Give Reverence to the Holy of Holies (The Ultimate ONE).
  
- ★ Gather specific components for your ceremony. Choose the color black in the candles, for this is the color of the deep unconscious, clearing and the sacred place of deep silence. The essences of Sandalwood, Benzoin, Frankincense and Myrrh can be used for banishing the old energy. Agates, Citrine, Gray Jade, and Obsidian can help rid you of the old energy as well.
  
- ★ From the moment you know what you want to release, consciously place this energy into the Heart of the Great Mother, the Heart of the Moon where the Greater Purpose and Guidance can be directed for you..
  
- ★ Three days before your ceremony begin your conscious practice: (Three is used from the Law of Three—that which you put out is that which returns three fold. Honoring the Divine Action (mind, body and spirit in one center of focus), Receiving (energy of the Universe seeping into your cells) and Manifesting (the final result revealed in your personal awareness and activities of your life because you and the universal energies are one).
  - Use aroma in your home and every where you go (Benzoin, Frankincense and Myrrh are perfect for this time of year and this releasing ritual).
  - Begin an affirmation process (repeat this every day until your ritual)
    - \* I recognize all that I need to let go of \_\_\_\_\_
    - \* I easily and freely Release all that cannot serve my evolution.

\* I rest silently in the inner void and Hear the Inner Voice direct me to the Light of my Higher Self

- Two days before the ceremony carve a symbol of the moon on one side of the candle. This is a symbol of your inner being—your Higher Self. Then carve a sun on another side of your candle, symbolizing the Light of your Higher Self.
  - On the day of your ritual acknowledge with affirmation: “I Freely and Easily connect to my Higher Power. I Freely live from the direction of my Inner Voice. I Freely live from the Higher Power within me.”
- ★ One day before, gather all the elements and tools for your altar, (include your plants, oils, stones, candles, and altar elements ). Place them in a bag or covered with your altar cloth. Choose to maintain a sacred attitude about what you are doing. On the day of your ceremony uncover them and your altar.
  - Create an incantation that will be used in your ceremony. It is best done with your own words and written in your own hand.
  - An example of an incantation: ***“Higher Self I call to you. Listening to my Inner Voice is what I choose to do. Inner Voice I call you now. Reveal to me and show me how. Reveal to me the Divine Plan I am to know and the path fit to help me grow throughout the lunar year.”***
  - Write out your complete ceremony that you wish to follow. Write it in your journal (from beginning to end). Include a space within the ceremony where you can spend time completely releasing all that you have been writing about. Burn the paper at the moment you are willing to let go.
- ★ An hour or so before your ceremony begin by preparing yourself and placing all items on your altar.
  - Self Purification - (bath/shower, sage or other cleansing incense/elixir)
  - Cleanse the place where ritual will occur (sage or other incense to clear the area, i.e., elixir for room clearing, symbolic sweeping with a broom)
  - Set an altar with a cloth to place your items for symbols of fire (candle with specific color), water (in cup or shell), air (incense or double edged knife) and earth (a stone or pentacle symbol) as well as sacred items that align your heart and mind with the Spirit of Purpose.
- Clear your mind of other thoughts and activities. Bring a vision of your purpose into your mind, feel yourself ready to enter the deepest part of your inner being. Center

your mind and emotions into the purpose of your magickal alignment. **(Very important component.)**

- Create a sacred vortex (a conduit for energy to be mixed and aligned with God/Goddess, the Spirit of your Soul Purpose, and the most sacred vibration of the manifested desire). *Mind and emotions must maintain the focus of purpose in a congruent manner.*
- Align with the 4-quarters. Sanctify the circle by honoring the elements/elementals. Call in the Goddess, deities and the Spirit of Purpose in the manner that is most comfortable for you, but always with clarity and deliberate focus of purpose.
- Speak out your incantation for what you desire. Raise energy (feeling and sensing a rise of energy from your womb, begin to visualize it forming a ball of light (i.e., for love it would be pink or red), hold tight your sphincter muscle and let the energy rise to your heart, then with a large exhale, direct the energy ball of light from your heart into the circle, knowing that it forms the spirit of your purpose).
- Meditate in the energy you have created. Visualize the manifest complete and utilize the powers of knowing that it is so: Feel it, put a smell to it, a taste, sound, and see it so. When you feel it deep within, end your meditation.
- Give gratitude to the Goddess, deities, elements and elementals, the 4-quarters and conduit alignment above and below. Acknowledge that all is within you now.
- Close your circle by snuffing out your candle, and walking in the opposite direction that you set your circle to gather all energy unto yourself.
- Say *Awen* (So it is, So Mote it Be, It is complete).

**The following may provide you information for setting your circle after you have cleansed the area and set your items on the altar (cleansed them as well).**



Draw a circle by standing in the center of your space, face North (the place of the darkest night, the deepest place of the soul), allow yourself to draw in white light from the heart of WomanSpirit to your heart. Feel it well up inside like a ball of light, release this light into your right index finger, and circle clock-wise, releasing the light as you complete one full turn around the circle. As your return to the North begin giving honor to the 4-quarters and calling in the elements as well. At your altar touch your sone and acknowledge the Spirit of Earth that allows you to flow with the essence of

love, light the incense for air, light the candle for fire, and sprinkle water from your cup across your altar to honor the blessings of water. Then begin your opening:

Face the North:

*WomanSpirit, I align with the light of the north  
I align with the open doors of the Northern dimensions  
I align with the enchantment of the earth (touch the stone)  
I ask that the angels and goddesses of the Sacred Place of the Soul enter this circle for me now and share the wisdom of this portal. Particularly, I ask for Archangel Auriel and Goddess Eiru  
I become one with the grounding forces to maintain the connection with earth and to achieve the manifestation of the knowledge I gain as I travel this path of Sacred Silence.*

Face the east:

*WomanSpirit align with the light of the east  
I align with this open portal of visual consciousness  
I align with the enchantment of air (light the incense and let it flow around you.)  
I ask that the angels and goddesses of Sacred Silence join me holding the vision of, and know the love and power of my deep soul knowing. Particularly I align with Archangel Raphael and Goddess Diedre  
I become one with the vision of my inner temple and the place of my Higher Self.*

Face the south:

*WomanSpirit, Goddess of All I align with the light of the south  
I desire to pass through this open portal of purpose, truth and passion  
I align with the enchantment of fire (light the candle)  
I align with the angels and goddess of integrity, and intent to allow the release of old ego beliefs and the transformation of the Ego to its Higher Self. I particularly align with Archangel Michael and Goddess Tailte  
I am one with the purpose of my ritual—to let go of this past year, events, people and circumstances that cannot serve my Higher Self, and the complete release of the Old Ways so I may receive the Fire of my Spirit and the impulse of my soul to direct my days.*

Facing the west:

*WomanSpirit, I align with the light of the west  
I align with the open door of the ocean of consciousness.  
I align with the enchantment of water (touch the water and sprinkle it across your altar)  
I align with the angels and goddesses of sacred inner realm that enter my circle and join me in my travels through the astral fluid of rebirth. I particularly ask for the presence and*

*sharing of Archangel Gabriel and Goddess Arianrhod  
I am one with the powers that be that assist me in Releasing and washing the old patterns  
of my inner being and assist me in birthing and renewing the Voice of My Soul.*

***The invocation to the Goddess and Deity of Light.*** Stand with arms raised and legs separated revealing the stance of a five pointed star that honors the Goddess and say:

At this time and in this hour  
I call in the moon's most sacred power  
(pause and feel the moon energy align with you)

Great Goddess, WomanSpirit  
Creatrix of all,  
Creatrix of my Soul  
I call your presence here and now  
May I be blessed by our union and the sacred silent places within me where your  
voice is heard.  
Great Mother, let me feel you in my heart at this very moment  
Your loving gaze and the blessings of my destiny for rebirthing and releasing the  
voice of my soul I take within  
(Pause and feel the energy of WomanSpirit aligning with you)

The enchantment has begun  
From Your loving heart the sacred voice from within is released.



***Create a symbol of Anu (five pointed star within a circle) and say***

*Caillech, Crone Mother of the soul, Queen of the Underworld, place of my soul,  
Alchemical Queen, transformer of my soul, I call to you.. Goddess Genovefa  
Sovereign Goddess of the soul, with you I ride a white stag and I pray, help me pass  
through the power of the dark night of the soul, releasing false beliefs of the Ego,  
fears and fabrications of life. Help me to manifest the Truth and Light of my Higher  
Self that I might live as the Essential Light and Creative Being the Goddess has  
designed of me.*

*Goddesses and angels be the ever present guides to assist me as I travel the pathways  
of release, darkness and silence. Help me, I plead, bring back the Light of my  
Higher Being and the knowing to my Ego that I am Whole in the Light of the Oneness  
with the Goddess.*

Proceed to the incantation: (yours or the suggested one)

*Higher Self I call to you.  
Listening to my Inner Voice is what I choose to do.  
Inner Voice I call you now.  
Reveal to me and show me how.  
Reveal to me the Divine Plan I am to know  
and the path this year I am to grow.*

Raise energy (feeling and sensing a rise of energy from your womb, begin to visualize it forming a ball of light (i.e., for health and vitality, orange or red, green or blue), hold tight your sphincter muscle and let the energy rise to your heart, then with a large exhale, direct the energy ball of light from your heart into the circle, knowing that it forms the spirit of your purpose).

- Meditate in the energy you have created. Give away all that you are ready to release. Burn your note paper in dish and watch the flames and smoke release your past, Ego separatism, limitations, and separation from your whole self. Release yourself and sit in the silent place of the void. Give honor for all that you experience and create a promise to yourself and the Goddess that at least one day before Yule you will stay in the sacred place of silence.
- Give gratitude to the Goddess, deities, elements and elementals, the 4-quarters and conduit alignment above and below. Acknowledge that all is within you now.
- Close your circle by snuffing out your candle (or blowing it out knowing that the light goes out to the world), and walking in the opposite direction that you set your circle to gather all energy unto yourself.
- Say *Awen* (So it is, So Mote it Be, It is complete).

**Awen – It is so! So it is!**

Yule, December 25<sup>th</sup>

Give Honor to the Light of your Rebirth. Give Honor to the Light of your Higher Self. Give Honor to the Light of your Sacred Consciousness that Rebirths within you. Give Honor to the Voice of the Goddess that directs you and prepares you for the renewal path before you.

